

Wik'uuyam Heeta'

"Friend, Away from Here"

The Official Newsletter of
the Cow Creek Band of Umpqua Tribe of Indians



Traditional Drum Circle

Image credit: Frank Miller

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Government Office Hours

Monday - Friday 8 AM to 5 PM

Roseburg Clinic Hours

Monday - Friday 8 AM to 5:30 PM

No Walk-Ins. Please Call for Same-Day Appointment

Canyonville Clinic Hours

Monday - Friday 8 AM to 5:30 PM

No Walk-Ins. Please Call for Same-Day Appointment

Office Closures

January 1st -- New Year's Day

January -- Martin Luther King Jr. Day

February -- Presidents' Day

May -- Memorial Day

July 4th -- Independence Day

September -- Labor Day

October -- Columbus Day

November -- Thanksgiving Day (and next day)

December 24th & 25th -- Christmas

Celebrating a Long Relationship

Tribal Chairman Dan Courtney, Tribal CEO Michael Rondeau, and Tribal Attorney Dirk Doyle met with Don Ragona, the Assistant Director of Development/House Counsel for the Native American Rights Fund (NARF), in August to celebrate the great relationship between NARF and the Tribe.

Since 1971, NARF has strived to aid Indian Tribes by providing legal assistance in hundreds of cases where Native Americans would otherwise have never been adequately represented. Their fight for Tribal sovereignty, treaty rights, natural resource protection, and Indian education has so far been very successful.

“Our relationship goes back to the early years of NARF,” said Michael Rondeau. “Our former Tribal Chairman, Sue Shaffer, served on their Board of Directors.”

NARF gifted the Tribe with a commemorative quilt and certificate (seen below) to celebrate this time-honored partnership. “We are proud to have had a long relationship between the Cow Creeks and NARF,” said Rondeau. “They have truly been a defender of Indian Rights.”



Obituary: Donald Ray Campbell November 4, 1934 - May 12, 2016

Donald R. Campbell was born in Pendleton, Oregon, and later graduated from Pendleton High School. He served in the U.S. Navy from July 25, 1952, to October 21, 1955. He was a longtime member of the Pendleton Eagles Aerie #28.

Donald married Helen G. Erickson on April 11, 1953. They have three surviving children, two grandchildren, and six great grandchildren. Donald worked in many different jobs, such as painting, commercial fishing, construction, driving truck, heavy equipment, and civil engineering with CTUIR and private consulting. He enjoyed card games with friends and family, as well as rodeos and riding horses.

He passed away in his home at 81 years old.

Tribal News

Working with the University of Oregon's Museum of Natural and Cultural History

Last month, the Board of Directors and the Cultural Department worked together with a film crew from the University of Oregon Museum of Natural and Cultural History for three days to get footage for a new project: an updated display for the museum's section on Oregon's native Tribes.

The museum has featured a display on the native Tribes of Oregon for a while, but they mostly focus on the Tribes' past history and culture, rather than the modern advances and situations of each Tribe. A new movement to document the Tribes' modern day struggles and contemporary successes in a 3 - 5 minute film has led the museum to reach out for more recent information.

The Cow Creek Tribe is one of the first to have taken action. Over the course of three days, the crew filmed Tribal Board members, Cultural Department representatives, and both UIUC and UIDC managers, who spoke of the Tribe's struggles, triumphs, and recent expansions. Over 3 hours of footage was taken at the culturally important Huckleberry Patch, the Tribe's businesses, and at government buildings.

"We decided that we were going to give a very broad-brush overview of the Tribe, rather than focusing on one contemporary issue that we face," says Jessie Plueard, Cow Creek Cultural Programs Manager. "We hope to include our history, the cultural traumas that we've experienced, the resiliency in becoming Federally recognized in 1982, and all the growth that we've done with our economic development and building our Tribal government and the programs we offer to our Tribal membership."

Though the Cultural Department and the Board are still working to condense all the footage they collected into the 3 - 5 minutes available at the display, they are enthusiastic that it will give a proud representation of all the Tribe has accomplished. The museum hopes to have the video completed and approved by November 4th, when the cultural wing of the museum re-opens.



"This is a mutually beneficial project, for sure," says Plueard. "It's very beneficial for us as a Tribe to get correct information in our voice out there. Any opportunity that we have to tell our history and our culture in our words, rather than having someone else tell it for us is an assertion of our Tribal sovereignty. The more education that we put out there about who we are is a benefit."

Truck and Travel Nearing Completion of Building Remodel

As reported in the December 2015 edition of this newsletter, there are big changes coming for the Seven Feathers Truck and Travel Center on Exit 99. In order to adapt the facilities to be ahead of the curve and attract all kinds of customers from the I-5 Corridor, Terry Weidemier, General Manager of the Truck and Travel, has envisioned a new, updated Exit 99 experience in several phases that has won the Best New Store Design award from "Harbor Summit."

Currently, they are nearing completion of Phase Two, which encapsulates the remodel of the former restaurant on the premises. The building will feature a grab-and-go style food area, featuring new

refrigeration units, an expanded beverage section, a coffee shop with barista, and healthier options such as fresh produce. Phase Two should be completed by the end of September 2016.

Once that is completed, they will be ready to move into Phase Three, which will involve expanding the Truck and Travel's fuel lanes and parking lot, and replacing the large sign out front with a new, fresh logo and a digital screen of a similar size to that at the casino, for advertising specials and gas prices with crisp, fresh graphics. Weidemier hopes to have Phase Three completed before the summer of next year.



Firewood Permits Available for Purchase

The Natural Resources Department is now offering permits for purchase to pick up firewood! Up to two cords of wood can be purchased for \$55 each. Tribal Elders get their first cord free! Don't wait to start ordering, as the wood will go fast. Keep your home warm this winter by securing plenty of wood now! For more information, contact Janet Cooper at JCooper@cowcreek.com or 541-677-5575.



Seven Feathers to Host 2016 West Coast Salmon Summit

The Natural Resources Department is working with State, Federal, and local wildlife and environmental

agencies and parties to host the 2016 West Coast Salmon Summit, a convention where these parties can discuss strategies for preserving salmon and their habitats along the West Coast. For more information, go to www.salmonsummit.org.



Tribal News

Cow Creek Donates Painting by Tribal Artist to Karuk Tribe's New Casino

Chairman Daniel Courtney, Tribal CEO Michael Rondeau, and Business Operations Officer John McCafferty recently delivered a painting of an eagle to the Karuk Tribe's new casino in northern California, as a gesture of friendship and hope for a bright future.

"We've opposed the Coquille casino in Medford because we believe that taking non-ancestral land into trust under the Restoration Act for gaming purposes is illegal," says McCafferty. "The Karuk, on the other hand, are building their casino on the ancestral land where they've always lived, and they have a reservation there now. We don't have anything against other Tribes being in gaming, so long as it is permissible by law."

McCafferty further states that a long friendship has existed between the Cow Creek and Karuk Tribes, where both have helped each other in many ways. As such, the Board commissioned Tribal member artist Chuck Rondeau to paint the beautiful eagle painting that was given to Karuk Chairman Russell "Buster" Attebery. More of Chuck Rondeau's art can be found on his Facebook page, Chuck Rondeau Wildlife Art.



A Huge Score for Tribal Board Member

Tribal Board member Rob Estabrook recently brought down a six- by seven-point Roosevelt bull elk, the largest he's ever killed in his many years of hunting, while participating in a Ceremonial Hunt located on Tribally-owned lands. A quality-controlled lottery process drew Rob's name from among the other seven people who had applied for the new Lilga hunt tag.



"We worked with the State for over 15 years to let us issue private hunts on our lands," says Rob.

"The opportunity to hunt on our own land is one of our most important cultural achievements in a long time. Being able to harvest an animal like that one is a once-in-a-lifetime deal."

The Tribal Elk Hunt started in 2011, and, through annual monitoring and survey efforts, the Natural Resources Department has expanded the hunting opportunities for more elk tags and access to more hunting land in 2016. Now the Tribe offers deer, elk, and waterfowl opportunities to its membership. To feature your Tribal hunt success story in the newsletter, email Brick at BAndreasen@cowcreek.com.

Tribe Offers Waterfowl Hunting

For the last 3 years, the Natural Resources Department has offered opportunities for hunting waterfowl on Tribal lands throughout Douglas County. This year's seasons run from October 15th – October 30th, and from November 2nd – January 29, 2017.

Waterfowl Hunting permits are free to Tribal members and immediate family members. Permits for non-Tribal hunters are \$50. All applicants must obtain and provide a current Oregon State license and Federal bird stamp when applying for a Tribal Waterfowl Permit. Permits may be obtained through the Natural Resource Department by contacting Janet Cooper or Scott Van Norman at 541-677-5575.



UIUC Takes Over Power for Canyonville Holiday Inn

On Tuesday, the 9th of September, the Umpqua Indian Utility Cooperative (UIUC) completed the transfer of power utilities for the Canyonville Holiday Inn, which was recently acquired by the Tribe.

“A big kudos goes to the UIUC crew,” says Brian Boswell, Power and Electric Operations Manager. “We told Holiday Inn to plan for an 8-hour outage, but we finished the transfer in 3 hours. That turnaround is a huge testament to the crew’s skills.”

Boswell affirms that making this transfer is better for the Tribe in the long run. “All the Holiday Inn utility money that would be going outside the Tribe now stays with the Tribe. It now funds the Utility, the UIUC apprenticeship program, and the business itself.”

The transfer did necessitate some lengthy negotiating with Pacific Power, the previous utility provider for the Holiday Inn. Pacific Power has never sold assets to UIUC for a non-Tribal property before, so this agreement marks a historic occasion for UIUC.



“It opens the door for future possibilities,” says Boswell. “The example we set here will smooth over negotiations with Pacific Power for any future acquisitions. Not only that, but we are one step closer to the overall goal of utility self-sufficiency that the Tribe envisioned when we started this in 2001. The vision is coming true, and it’s very cool to be a part of.”

Tribal Member Employee Spotlight: Mary Brim, Gaming Inspector

Mary Brim grew up in the local Oregon area, and was the first Gaming Inspector hired by John McCafferty for the casino in 1995. Though training for the position was largely an on-the-job affair in the beginning, she has since attended local State Police trainings, as well as other training events in Atlanta and Las Vegas, during her 21-year tenure at the casino.

As a Gaming Inspector, she keeps a vigilant eye out for cheating by both casino guests and the casino staff. Using surveillance footage, she and a group of other skilled inspectors ensure compliance with internal controls, as well as the safety of employees and guests. For Mary, the teamwork with her group is one of the most enjoyable parts of being a Gaming Inspector.

“I love my job,” she says. “You never know what a new day is going to bring. I take pride in what I do as a gaming inspector, and a member of the Cow Creek Tribe. I was the first one in this position, and I want to be the last one to leave it.”



Tribal News

Spreading Gravel at the Museum

The Cow Creek Tribe partnered with Canyonville's Pioneer and Indian Museum and the Cow Creek Boy Scout Troop 36 (based in Riddle, Oregon), to carry out a service project of spreading gravel on the foot trails and around the plank house. Many thanks to Troop leader Brian Parret and his group of Boy Scouts!



Backpack Giveaway: A Huge Success

The Youth Education Program gave away over 125 backpacks over two days at the Tribal Community Center in Myrtle Creek (formerly known as the Education Workforce Center), and at the Government Offices. Children from Pre-School through High School were able to choose from 9 colors of backpacks, and fill them with supplies for the upcoming school year. The Backpack Giveaway is always in August, so be sure to look out for it next summer.

Additionally, all Tribal Youth are entitled to \$25 in School Supplies every calendar year regardless of service area, so save your receipts. To get forms, contact the Government Offices, or download them from www.cowcreek.com/forms-and-contacts/. Look for the YEP Application and the YEP Parent Request Forms. Forms and receipts must be turned in by December 15th for reimbursement. Please allow 30 days for payment. For more information, call Mark Andrews, Youth Development Specialist, at 541-677-5575.

Upcoming Youth Pow Wow

The Annual Youth Pow Wow will be held on November 12. More information will be sent home in a flyer as

well as details in the October Newsletter.

Halloween at the Tribal Gardens!

The Youth Education Program's Annual Halloween Party will be held on October 22nd from 1 - 3 PM at the Tribal Gardens. Please join us for Food, Fun, Games, Prizes, Candy, and of course Pumpkins! Wear your costume to participate in the costume contest. We recommend you bring your own lawn chairs. This is a drug and alcohol free event meant for families. Please, No Drop-Offs! For more information and to RSVP, please call Kayla Knight at 541-677-5575.

Round Circle Reading Groups Return

The reading groups will begin again in October, but at new times. Groups are meant for children ages 0-5. Come to one of our two locations, grab a fun rug to sit on, and read with your children. Refreshments provided, and every child who attends gets to take home a free book weekly! They will be held from 10 to 10:45 AM at the Tribal Community Center (formerly the Education Workforce Center) on Tuesdays, and at the Government Offices library on Thursdays.

Book Kiosks Coming Soon

Coming soon, located in the reception room of the Tribal Health Clinics (Canyonville and Roseburg), as well as outside the playground on Taylor Street in Myrtle Creek, you will find Book Kiosks.

Book Kiosks are small libraries where you can borrow a book, return it when you want, or keep it and simply return another one. No check-out forms are necessary and the Kiosks will be restocked weekly. Books will range in interests from children to adults. More information and pictures will be available in the October Newsletter.



Culture Corner

What to Do if You Find Tribal Artifacts or Human Remains

In the event that cultural material is encountered on or off Tribal lands:

- Do not touch anything.
- Record as much information as possible, including site location and the nature of the find and contact the Tribal Archaeologist as soon as possible.

If you suspect that Native American human remains have been found, call:

- Oregon State Police (800-452-7888)
- Cow Creek Tribal Archaeologist (541-677-5575)
- State Historic Preservation Office (503-986-0674)
- Commission on Indian Services (503-986-1067)

Secure the scene until a determination can be made that the remains are not forensic.

- Do not allow anyone to touch, move or otherwise disturb the remains.
- Shield the remains from the general public and the media.
- Seek Tribal guidance on how to proceed once determined to be ancestral remains.



What's Been Happening in the Culture Department?

Tabbitha Johnson taught her last moccasin class to 12 Tribal members during August. Mya Malone, pictured in the photo, was one of the many to complete a pair of Tribal moccasins by the end of the class.



Joyce Sertain led a class that instructed Tribal members to make their own leather medicine bags. She explained the spiritual processes behind making the medicine bags one's own, and using them for one's own well-being, rather than being showy or decorative.



The Annual Huckleberry Gathering brought about 30 people to Huckleberry Lake during August, some for the first time. Activities included speaking in Takelma, picking berries, a pot luck, sharing traditional recipes, drum circles, and more. In the photo, Beth Gipson shows off the cedar berry basket she made as part of the Nahankuotana Weavers group.



The 50th Annual Pioneer Day's Parade in Canyonville featured Robert VanNorman, the color guard, and Tribal members walking or drumming in the parade. Over 30 Tribal members participated in total.



Education Corner

Youth Education Program Benefits

Did you know that besides the \$25 School Supply Benefit that Tribal Children can receive, there is a program (Youth Education Program) that provides supplemental education services to eligible Tribal children, 3-18 years of age, who are still attending school? Services of this program cover Parental Costs of up to \$250 per calendar year, and is not limited to the seven-county service area. Costs can include sports fees & equipment, school fees, and educational activities. Forms can be downloaded on the Cow Creek Website under Forms and Contacts. Look for the YEP Application, and the YEP Parent Request Forms. Forms and receipts must be turned in by December 15th for reimbursement. Please allow 30 days for payment. For more information, call Mark Andrews, Youth Development Specialist, at 541-677-5575, or refer to the Tribal Services Directory.

Middle/High School Family Fun Nights

There will be 5 Family Fun Nights taking place at 2 different locations over the new school year for Middle School and High School youth and their parents/guardians. Join us for dinner and an evening of games and activities related to Math, Science, Technology and the Arts. Prizes will be given out. Family Fun Nights are open to all Tribal Parents - Tribal and non-Tribal children are encouraged to participate. Please call Kayla Knight at 541-677-5575 to RSVP your place. Childcare will NOT be provided. High School Students who attend and wish to volunteer with activities can receive Volunteer Hours required by some schools for graduation. Flyers with more information will be sent soon. Times and Locations:

Tribal Community Center in Myrtle Creek:

- Classes from 6:15 to 8:15 PM
- Dates are: October 18, January 17, February 21, March 21, April 18

Tribal Government Offices in Roseburg (Board Room)

- Classes from 6:15 to 8:15 PM
- Dates are: October 20, January 19, February 23, March 23, April 20

Early Learning Programs

Two great programs will be taking place beginning in October in 2 locations and running through the 2016-2017 school year. If you have a 2-3 year old child who is already in or preparing for pre-school or Head Start, or a 4-5 year old child who is preparing for Kindergarten in the Fall of 2017, join us for dinner and an interactive class to learn how to best teach your children and prepare them for pre-school, Head Start and Kindergarten. The classes consist of 4 different meetings, each covering a different topic. Dinner, free resources, materials, books and supplies will be provided. Childcare services may be available (Please indicate if you need childcare services when you RSVP). Please call Kayla Knight at 541-677-5575 to RSVP your spot in this wonderful and exciting educational opportunity. This program is open to all Tribal Parents. Watch for a flyer coming in the mail. Parents with children who fall into both class ranges are welcome to attend both series. Dates and locations are as follows:

Classes for parents with children 2-3 years old (Pre-School & Head Start Preparedness) - 2 Locations and Dates:

Tribal Community Center in Myrtle Creek:

- Classes from 6:15 to 8:15 PM
- Dates are: October 4, January 3, March 7, May 2

Tribal Government Offices in Roseburg (Board Room):

- Classes from 6:15 to 8:15 PM
- Dates are: October 6, January 5, March 9, May 4

Classes for parents with children 4-5 Years Old (Pre-Kindergarten Preparedness) - 2 Locations and Dates:

Tribal Community Center in Myrtle Creek:

- Classes from 6:15 to 8:15 PM
- Dates are: November 1, February 7, April 4, May 16

Tribal Government Offices in Roseburg (Board Room):

- Classes from 6:15 to 8:15 PM
- Dates are: November 3, February 9, April 6, May 18

An Exciting Summer for Youth

Tribal and Center youth participated in 8 STEAM (Science, Technology, Engineering, Arts, and Math) themed classes. The mosaics class provided a traditional craft and information about Cow Creek culture. A canvas art class introduced students to painting techniques in a formal studio setting.

Rhonda Richardson helped the youth create a Takelma Alphabet book, now kept on display at the Youth Center. Students explored a clay studio in Riddle, and the Pioneer and Indian Museum in Canyonville. A computer-building class with Rich Rader was a huge success, as each student was able to bring home their own computer.

Students also enjoyed engineering classes using LEGO Robotics, where they learned to plan, build, and program robots. Another class, led by Shiela Rich, taught students to make hand drums and sticks by sanding, staining, stretching, lacing, and decorating their own instruments, which were then blessed in Takelma.

The final bang of the summer was the Cardboard Challenge, where youth imagined, planned, and built amazing arcade-style games from cardboard, which were enjoyed by Cow Creek Government Office employees.

For more information about upcoming Youth Center activities, or to register your Tribal youth for the after school program, please contact Amber Lomascola at 541-860-7296 or alomascola@cowcreek.com.



Youth Laptop Program

The Education Division administering a Youth Laptop Program that provides a laptop computer to a Cow Creek Tribal member who is currently in 9th through 12th grades. The intent of this program is to assist the youth with their school projects, research, college search, and email communications.

This program allows one computer per household and reapplication cannot take place sooner than 5 years for any additional household Tribal youth.

However, if the original Tribal youth awardee no longer

resides in the home, upon verification of new address, a Tribal youth within the household may reapply prior to the 5 year limit. Any person receiving a laptop from this program will not be eligible to reapply to any other Notebook/laptop program within the 5 year limit.

The Education Department will begin to take applications for this program beginning October 1st. If you have any questions, please contact Kayla Knight at kknight@cowcreek.com or 541-677-5575.

Government and Programs

IMPORTANT: Please Utilize the New Insurance Cards Sent by Nesika

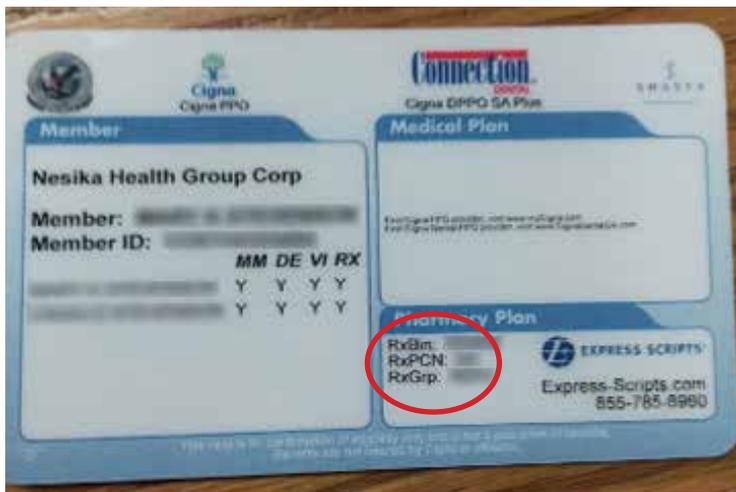
Earlier this year, Tribal members insured through Nesika were sent new insurance cards. It is very important that Tribal members take their new insurance cards with them to all appointments so that medical providers can update their information. Since the new cards contain vital insurance information, the old cards are now invalid.

Due to this, Purchased and Referred Care (PRC) is having trouble with pharmacies. PRC does not pay for prescriptions until after they have been processed by the insurance company, after which they pay the remaining or co-pay for the prescription.

If Tribal members do not present their new and updated insurance cards, then PRC is billed the full amount for the prescription, which is rapidly depleting the available funds that PRC can use to help Tribal members.

While PRC is letting pharmacies know that they are responsible to get correct information if it comes back denied, PRC does urge Tribal members to carry the new insurance card with them at all times to prevent this occurrence.

For any questions, please contact Mary Stevenson at 541-672-8533.



For Tribal Elders:

Annual Elders Honor Dinner and Blanket Ceremony

Dinner is scheduled for Saturday, November 12, 2016, at the Seven Feathers Casino Resort Convention Center, Cedar and Birch Rooms. Watch your mailboxes for a “reservation form.” All reservations must be received by the office by October 15. Each Elder can bring their spouse or one guest.

Elders Annual Holiday Luncheon

Lunch is scheduled for December 2nd, 12 PM, at the Seven Feathers Casino Resort, Grape/Huckleberry Rooms. RSVP with Cindy Grizzle at cgrizzle@cowcreek.com by November 25th. Bring a gift to participate in the gift exchange.

Upcoming Elders Exercise Classes

The Sittercise class came to a close on the 12th of September, but Elders shouldn't worry! The Yoga Class will start up again on the 19th, and the Dance Club will also be starting on September 20th. For more information on these classes, please contact Adrionna Brim at 541-677-5575.

Remaining 2016 Drum Practice Dates

Youth Drum Practice at the Tribal Community Center in Tri-City, Oregon, from 4 - 6 PM:

- October 11th, November 8th, December 13th

Family Drum Practice and Potluck at the Block House in Canyonville, Oregon, from 5 - 7 PM:

- October 13th, November 10th, December 8th

Free Eye Exams from Casey Eye

OHSU's Casey Eye Exam Bus will be at the South Clinic on November 5th, from 9 AM - 2 PM. Exams are open to all Tribal Members, but preference is given to those with diabetes or without vision insurance. Please allow up to 2 hours for your exam to be completed. As funding allows, eye glasses may be available. To sign up or learn more, please contact Jill (541-672-8533).

Government and Programs

Important Reminders from the Housing Program

Please Read, Possible Garnishments of Tribal Distribution Check

Down Payment and Repair Assistance Obligation of Recipients

If you have received assistance with Down Payment or Repair Assistance from the Tribal Housing Program in the last 5 years, Tribal Members need to ensure they are providing proof of residency and homeowners fire insurance for a 5-year period. By signing the documents for the assistance you received, you agreed to provide this information on an annual basis. The housing department is currently preparing for an annual self-review audit required by HUD and members who have received benefits and have not provided the required documentation may have a garnishment of their Tribal distribution, for the prorated amount of the assistance, processed through Tribal Court for non-compliance. If you have received Down payment or Repair Assistance in the past 5 years and have not supplied the Housing department with an annual proof of residency and homeowners fire insurance please do so as soon as possible.

Low-Income Tribal Housing Rentals

If you are currently on the Cow Creek Tribal Housing Low-Income Housing Waiting List, please make sure that your address and phone number are up to date. If a home comes open but we cannot get ahold of you, we will be forced to pass you by until we receive your updated information. Also remember that if you are on the waiting list, your application needs to be updated on an annual basis. The new cycle begins on January 1st and those with a submitted application need to update their information at this time to stay on the list.

September is National Preparedness Month

In an effort to help you get started on the road to preparedness at home, the Tribal Emergency Management Program has provided “Preparedness Passports” with this month’s newsletter. These provide a place for you to record important information about you to share with first responders in case you find yourself in a situation where you or a family member have to shelter away from home. More of

Reminder

When submitting applications for any of the Cow Creek Tribal Housing Programs, please remember that applications are not counted as complete until all forms have been filled out in their entirety and signed and all documentation has been provided. Also, please remember to identify yourself clearly on your application using your FULL name and Tribal ID number as there are several Tribal Members that share the same name. The Tribal Housing Program does not reimburse any funds to the Tribal Member. Please give the housing program adequate lead time for your request for assistance. The Willii Housing Program tries to process requests as quickly as possible, we however are not responsible for loss of assistance or purchase due to missing information or inadequate notice. Requests are not a guarantee of funds and applications must be reviewed and approved prior to payment.

If you have any questions during the process of filling out your application, please do not hesitate to contact the Housing Department at 541-677-5575 to ensure that all forms are filled out properly the first time. This will ensure a timely process and will get your application in front of the Board for approval in a timely manner. Funds cannot be utilized on your behalf until the entire process is complete.

these “Passports” can be obtained by contacting Tracy De Pew, Director of Emergency Management, at 541-677-5575 or tdepew@cowcreek.com. Below are other helpful preparedness links:

www.ready.gov

www.redcross.org/get-help/prepare-for-emergencies/be-red-cross-ready

September 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Elders Luncheon 12 PM @ 7F	3
4	5 No Sittercise Today Government Offices Closed for Labor Day	6 Senior Meal	7 Senior Meal	8 Family Drum Practice 5-7 PM @ Block House Nahankuotana Weavers Group 2-5 PM @ Block House	9	10 Tribal Family Picnic 11 AM - 3 PM @ Bare Park
11	12 Senior Meal Sittercise (LAST DAY)	13 Senior Meal Food Bank Open 9 AM - 12 PM Youth Drum 4-6 PM @ TCC Cooking Demo 10:30 AM-12PM @ Canyonville	14 Senior Meal	15 Takelma Class Emergency Preparedness Luncheon 12 -2 PM @ 7F Cooking Demo 10:30 AM-12PM @ Roseburg	16	17 Living History Day in Oakland, OR
18	19 Senior Meal Yoga Class Nahankuotana Weavers Group 2-5 PM @ Block House	20 Senior Meal Dance Club (First Day)	21 No Senior Meal Today Elder Trip: Leave Casino at 8 AM	22 Takelma Class 10 AM - 12 PM No Dance Club Today Elder Trip: Return to casino 8 PM	23 Native American Day	24
25	26 Senior Meal Diabetes Self-Management 5 PM @ GO	27 Senior Meal Food Bank Open 1-4 PM @ GO Dance Club	28 Senior Meal	29 Takelma Class 10 AM - 12 PM Dance Club	30	

Regular Activity Times and Places

Senior Meals: 12 PM @ Seven Feathers

YEP Field Trips: 8 AM - 5 PM

Sittercise Class: 11 - 11:30 AM @ Canyonville Clinic

Takelma Class: 10 AM - 12 PM @ Block House

GO: Government Offices, Roseburg, OR

TCC: Tribal Community Center (formerly the Education and Workforce Center), Tri-City, OR

7F: Seven Feathers Casino Resort

For any questions regarding activities, please call the Government Offices at 541-672-9405.

October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Senior Meal Nahankuotana Weavers Group 2-5 PM @ Block House	4 Senior Meal Dance Club Round Circle Reading Group @ TCC Early Learning Program (See pg. 10 for details)	5 Senior Meal	6 Takelma Class Dance Club Round Circle Reading Groups @ GO Early Learning Program (See pg. 10 for details)	7 Elders Luncheon 12 PM @ 7F	8
9	10 Government Offices Closed for Columbus Day	11 Senior Meal Dance Club Food Bank Open 9 AM - 12 PM Round Circle Reading Groups @ TCC	12 Senior Meal	13 Dance Club Round Circle Reading Groups @ GO	14	15
16	17 Senior Meal	18 Senior Meal Dance Club Round Circle Reading Groups @ TCC Family Fun Night 6:15 PM @ TCC	19 Senior Meal	20 Dance Club Round Circle Reading Groups @ GO Family Fun Night 6:15 PM @GO	21	22 Halloween at the Tribal Gardens! 1 - 3 PM
23	24 Senior Meal Nahankuotana Weavers Group 2-5 PM @ Block House	25 Senior Meal Dance Club Food Bank Open 1 - 2 PM Round Circle Reading Groups @ TCC	26 Senior Meal	27 Takelma Class 10 AM - 12 PM Dance Club Round Circle Reading Groups @ GO	28	29
30	31 Senior Meal Nahankuotana Weavers Group 2-5 PM @ Block House					

Regular Activity Times and Places

Senior Meals: 12 PM @ Seven Feathers

Dance Club: 10:45 AM to 11:30 AM @ Canyonville Clinic

Takelma Class: 10 AM - 12 PM @ Tribal Community Center

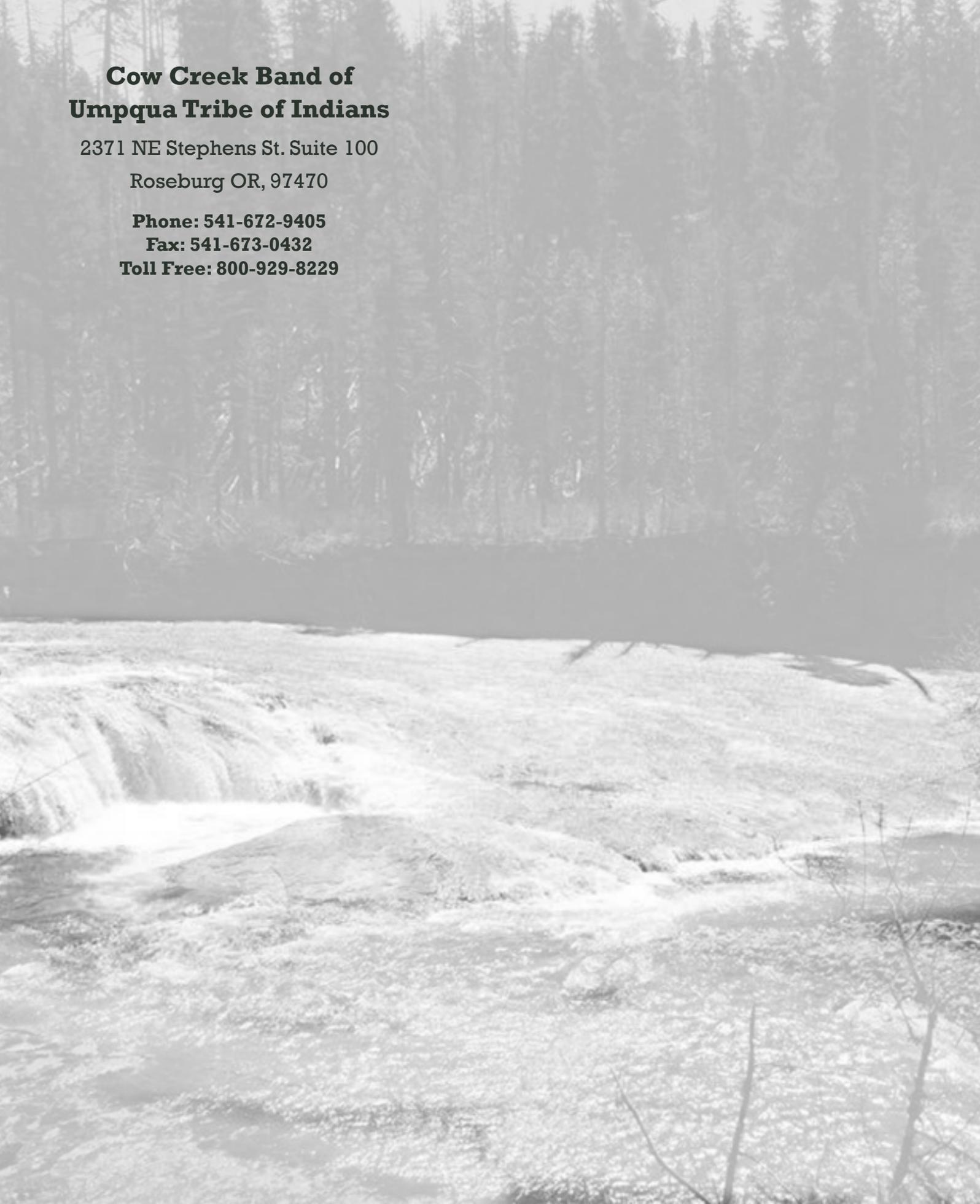
Round Circle Reading Groups: 10 - 10:45 AM @ TCC (Tuesdays) and @ GO (Thursdays)

GO: Government Offices, Roseburg, OR

TCC: Tribal Community Center (formerly the Education and Workforce Center), Tri-City, OR

7F: Seven Feathers Casino Resort

For any questions regarding activities, please call the Government Offices at 541-672-9405.



**Cow Creek Band of
Umpqua Tribe of Indians**

2371 NE Stephens St. Suite 100

Roseburg OR, 97470

Phone: 541-672-9405

Fax: 541-673-0432

Toll Free: 800-929-8229